

Before We Begin Today

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This form takes effect only when it is signed and dated. Printing it, filling it in, or bringing it with you does not by itself agree to anything.

Maureen's Massage · Maureen Leonie Reid, LMT (MA78217) · version 0.2.1

Asked at every visit, out loud, and I write the answers down. You do not need to fill this in beforehand — it is here so you can see what I ask.

REQUIRED — Client (full legal name): _____ File no.: _____
Date: _____ Start _____ Service today: _____ · **End** _____
(filled in at the end)

Provided by: Maureen Leonie Reid, LMT — MA78217

Standing gates from file: hot stone OFF cupping OFF MLD OFF avoid limb/region:
_____ pressure ceiling: _____ none

NEW GATE RAISED TODAY — none yes, what: _____ **written onto the rest of this pad before I leave**

If hot stone booked today: asked about numbness or reduced feeling — still none some, so hot stone OFF today

If MLD booked today: looked at BOTH legs — no new swelling in both swelling in both, so MLD OFF today and it needs seeing

I ask these every time, even if I saw you last week. A “yes” almost never means no massage.

1. Unwell today — fever, chills, cough, _____ Y N
anything catching?

If yes — no massage today. We rebook, and you rest.

2. Swelling, pain, warmth or redness in ONE _____ Y N
leg or arm — new or still there?

If yes — I leave that limb alone, and it needs seeing today.

2b. Any new shortness of breath, or new chest pain? Y N

If yes, I do not work today. This needs seeing today.

3. New injury, fall or new pain — or anything getting worse? Y N

4. Any surgery, procedure or hospital stay since I saw you? Y N

5. Any new or changed medicine? Blood thinner, steroid, pain? Y N

If a blood thinner or a steroid is new — cupping OFF today, and I add it to your standing gates.

6. Today: pain medicine, anything making you drowsy, a drink? Y N

7. New cut, sore, rash, bruise, patch, bandage or reaction? Y N

If yes — I stay off that area and put nothing on it. Write it on the “avoid” line.

8a. Bladder or bowels — leaking, or not able to go? Y N

8b. New numbness between your legs, or new weakness in a leg? Y N

A yes to EITHER one is a yes. If yes — no massage today, and this needs medical care today. Not next week.

9. Anything else changed, or anything your doctor said? Y N

Areas to avoid today, or where it hurts — REQUIRED. If there are none, write NONE:

What you want from today’s session, in your own words — REQUIRED. If nothing has changed, write the same thing again: _____

Pressure today, 1 to 4 — REQUIRED: _____ **· my ceiling:** _____

(5 is beyond tolerance — not a working level. Ceiling comes off the standing-gates row. If question 6 was yes, one level lighter.)

PLEASE TURN OVER — there is a body outline you can mark, and one thing you should read.

For my use — completed by Maureen

Looked at both calves and both forearms before starting — compared left to right.
n/a — phone screen; I will look before the first touch and tick then.

Bed-bound: checked sacrum, hips and heels — no red areas red areas, where:

First visit, or a service or an area new to you — I explained how draping works before we started. n/a — explained at an earlier visit, and nothing is new today.

One of these, every visit

PROCEED

PROCEED MODIFIED — how: _____

REFER — to whom: _____

DEFER — medical evaluation advised. What I said: _____

Date: _____

If I defer, I also open a session record and complete the referral section.

Getting there: client can get there today I called: _____ client is making her own arrangements — **her words:** _____ · what I said: _____

A visit I decline is still a visit I write down — I finish this sheet, keep it, and open a session record, even though no massage happened.

Maureen's signature — **REQUIRED:** _____

REQUIRED — one of these two, never neither:

Client initials: _____ Answers given to me aloud, read back to her, and written down by me

For you to read and mark

Some areas are never uncovered, and no form can change that. Anywhere else, uncovering an area needs its own separate written consent, signed for that visit and that area. **It is not on this form, and it is not your job to ask for it — if I ever need it, I bring it to you first.** Marking this drawing tells me where to look. It is not permission to uncover any area.

Body outline, FRONT and BACK. O = it hurts here · X = please skip this area